

Newsletter

- For staff, parents, carers and the local community -

Issue 3

November
2015

CHRISTMAS FAIR

Our thanks go to the Parent Council who organised this year's Christmas Fair. It was a great success with lots of stall holders, children's activities and the choir singing. We would also like to thank all parents who came along to help, the businesses from the community who supported us with prizes and to Miss Whitefield and Mrs Goodwin who trained the choir. Thank you to all who came to support us on the day.

The Fair raised approximately £1400 which will be used to support the children's trips and other school activities.

The next Parent Council meeting will be at 7pm on Tuesday, 19th January. Please come along and give us your support. New members and ideas are always very welcome.

ENROLMENT

As always we will be enrolling children for the 2016-17 session in January 2016. If you have a child, or know someone who has a child, who is due to start school in August 2016 then we are making appointments to enrol children in the week beginning Monday, 11th January 2016. Parents of children who attend our nursery will be able to book their appointment in the nursery. Parents of children who do not attend our nursery are asked to phone to make an appointment in order that someone is available to carry out the enrolment.

Please note only a parent or legal guardian can enrol a child.



EVERGREENS' VISIT

Normally the choir visit the Evergreens to entertain them but this year we are delighted that the Evergreens have accepted our invitation to visit us in school. The choir will be singing and some of the other children will be providing them with different kinds of entertainment. We will also be serving them a high tea. We look forward to welcoming the group and hope they have a relaxing and enjoyable afternoon.

Achieved Rights Respecting School Award

June 2010



Achieved Fairtrade School Award

June 2010



Achieved Gold Health Promoting School Award

June 2007

and

Achieved Health Promoting

Nursery Gold Award



NEED TO CONTACT SOMEONE OR MAKE A COMPLAINT?

School Contact

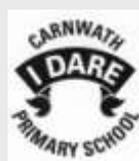
Head Teacher: Pamela L. Easton

Principal Teacher: Sharon Alexander

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Gail Ramsay

Parent Council Chairperson

Phone: 01555 840263 and your contact details will be passed on

Education Resources

Phone: 01698 454545



WEBSITE

Please visit the nursery and school website where you will find lots more information including photos

<http://carnwath-pri.s-lanark.sch.uk>

HEALTH WEEK

As this week progresses it is good to see the children engaging in activities to do with improving their health. When the weather has permitted they have 'walked at school' partly because we are having a 'Walk to School Week' and partly to improve their fitness. When the weather has been wet children have walked around inside the school instead!

On Tuesday, Alex Kelly and his team arrived to do reflective spaces work with the children. Primary 7 children helped them to run the activities. All children had a time to reflect on the 'big questions' in their lives and there were some **very** big questions.

They thought about forgiveness and the things that they felt they needed to be forgiven for as well as things that they felt they needed to forgive others for. They wrote these things on an effervescent tablet which they then put into water and watched as they gradually dissolved.

The children all had a hand in making some bunting on which they wrote the things they had to be thankful for.

Uniqueness was also something that the children thought about and in order to emphasise their uniqueness they added their fingerprint and signature to a large hand.

The children also thought about their hopes for the future. They carved these onto some scratch cards in order to record these.

The day provided the children with a space and time to reflect on their lives and to consider changes in their lives that they would perhaps like to make. This was a good opportunity for the children to begin to consider their mental health - something we all need to do from time to time.



Our hopes and dreams.



Our 'big' questions.



We are all unique!

Another way to encourage children to stay mentally healthy is to engage in some form of relaxation. Classes have done this in various ways: massage, relaxation, mindfulness. All activities have been designed to help the children develop good habits of relaxation. I think it's important that children develop good habits early on in order to be able to carry them into adulthood.

Some classes have also been looking at germs and how to ensure they wash their hands properly in order to get rid of the germs and stay healthy.

CHRISTMAS SHOW

Primary 1 to 3 and the choir are putting lots of effort into their preparations for the Christmas Show. If you have not already asked for tickets but would like to attend please send back your form soon since there has been a high demand. I would ask that you bring your tickets on the night since there is less room in the hall than we have had in previous years.

ROAD SAFETY COMPETITION

As they usually do our children entered South Lanarkshire Council's road safety calendar competition. We were delighted to hear that Iona Kane, Zoe Lake, Aimee Challioner, Tatiana Duzy and Emma Alexander were highly commended. Well done, girls!



SPORTS

Two benchball teams from Primary 4 and 5 and two netball teams from Primary 6 and 7 attended the Learning Community event at Biggar High School recently. All children had fun and were able to improve their skills.



Once again we are delighted that Biggar Rugby Club are offering some tag rugby sessions for the P1 - P3 children. Our thanks to them for all their coaching which the children enjoy and it really helps to develop their skills.

Our Primary 2 children will be attending the skipping festival at Biggar High School. This is an event that the children always enjoy.

We also currently have an afterschool football club running thanks to the coaching provided through our Active Schools Coordinator.

EXTRA CURRICULAR ACTIVITIES

This term staff have organised and delivered a variety of lunchtime or afterschool clubs. At lunchtime we have Scripture Union and chess clubs. After school we have netball, cross country, eco schools and choir clubs. My thanks to all staff who are giving up their time to work with or coach the children who are thoroughly enjoying all of the experiences on offer.

The eco group would appreciate your continued support in sending us your empty 2 litre water or juice bottles. The eco group are continuing to prepare the bottles ready to make our bottle greenhouse. We have about 600 bottles and will need approximately 400 more. Thank you.

CHRISTMAS PARTIES



We know that children like to change into their party clothes for their Christmas party. Most children go home for lunch and to change prior to their party. Please do not worry though if your child is unable to go home. They are welcome to bring their party clothes in a bag and change at the end of lunchtime. I would be grateful if children did not come to their party with high heels, in particular thin ones, because they will not be allowed to wear them in the hall because they would damage the floor. Thank you for your help with this.

DATES FOR YOUR DIARY

NOVEMBER

16th	Health Week Flu vaccinations
19th	Lidl Health Factor Bus to visit school
20th	Health Forum assembly
23rd	Pre-school eye tests
24th	Rotary Quiz Choir to entertain the Evergreens Forum meetings
25th	P6 swimming to start 2.15pm Primary 4/5 assembly, parents welcome
26th	P5/6 Scottish Parliament visit in school
27th	Reflective Spaces assembly by Mr Kelly
30th	9am Nursery Consultative Committee meeting



DECEMBER

1st	'Jack and the Beanstalk' by Hopscotch Theatre Company
3rd	End of term song practice by Mrs Alexander
4th	P2 to skipping festival at Biggar High School
7th	Christmas Show dress rehearsal
8th	1:30pm P1-3 Christmas Show and choir afternoon performance
9th	Primary 3/4 visit to Dynamic Earth 6:30pm P1-3 Christmas Show and choir evening performance
10th	P6 to Bubblegum 'n Fluff School Christmas dinner Nursery 21st Century families lunchtime event
11th	1.30pm Choir community singing, weather permitting
15th	Nursery lunchtime arts and crafts event
17th	P6/7 Christmas party 6pm Parent Council film night
18th	P4/5 Christmas party
21st	P1/2/3 Christmas party
22nd	Nursery Christmas party, am for all children
23rd	10am Christmas assembly by Mr Kelly, parents are welcome to attend 2.30pm close for holidays

Please note that the above dates may change due to unforeseen circumstances. Parents/carers are very welcome to attend the Christmas assembly as well as class assemblies.

SHOEBOX APPEAL

Many thanks go to Mrs Bailie and Primary 1/2 who organised the shoebox appeal. They filled 20 shoe boxes which are now on their way abroad to families who otherwise would not receive Christmas gifts. Thank you to all who sent in items to be put into the boxes.



EDUCATION SERVICES
Executive Director: Jim Gilhooly
Carnwath Primary School: Head Teacher - Pamela L. Easton