

Biggar Learning Community

REHIS Food and Health Certificate

Free of Charge

A warm welcome is extended to all parents and carers to attend a health and wellbeing programme. The programme will cover: general introduction to food and health; the function of food; energy measures; influences on food intake; eating for health; food and wellbeing. Pupils may also attend but must be thirteen years or older and accompanied by a parent or carer.

A certificate will be presented on completion of the full programme.

Date: Tuesdays: 24th October, 31st October and 7th November 2017

Time: 6.30pm – 8.30pm

Venue: Biggar High School

If you are interested, please complete the tear-off slip and return to the front office of Biggar High School.

REHIS Food and Health Certificate

Name..... Tel. No.....

Pupil's Name..... Class.....

For more information please contact Marie Jennings Home School Partnership at Biggar High School on 01899 222050

Biggar Learning Community

REHIS Food and Health Certificate

Free of Charge

A warm welcome is extended to all parents and carers to attend a health and wellbeing programme. The programme will cover: general introduction to food and health; the function of food; energy measures; influences on food intake; eating for health; food and wellbeing. Pupils may also attend but must be thirteen years or older and accompanied by a parent or carer.

A certificate will be presented on completion of the full programme.

Date: Tuesdays: 24th October, 31st October and 7th November 2017

Time: 6.30pm – 8.30pm

Venue: Biggar High School

If you are interested, please complete the tear-off slip and return to the front office of Biggar High School.

REHIS Food and Health Certificate

Name..... Tel. No.....

Pupil's Name..... Class.....

For more information please contact Marie Jennings Home School Partnership at Biggar High School on 01899 222050