



Biggar High School

Family Learning Programme by Heart Start Trainers

A warm welcome is extended to P5-P7 parents and carers to accompany their child in completing a *Heart Start* certificated programme covering the following:

- Dealing with an unconscious person
- The signs and symptoms of a heart attack
- Recognising a cardiac arrest and performing CPR
- Dealing with choking
- Dealing with serious bleeding.

Venue: Biggar High School

Date: Tuesday 21st November – 19th December 2017

Time: 3.50 – 5.00

If you wish to attend please return tear-off slip to the front office at Biggar High School.

Due to the popularity of the programme, names will be taken on a first come first serve basis.

Heart Start

Parent/Carer Name _____ Telephone No. _____

Pupil's Name _____ Primary School _____

For further information contact Marie Jennings Home School Partnership or Fiona Webb at Biggar High School on 01899 222050



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**Community Learning and
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